# **Meeting Community Needs.**

# And creating change.



for our hardworking neighbors in need



ALICE is an acronym for **A**sset **L**imited, **I**ncome **C**onstrained, and **E**mployed.

The United Way recently released a study that revealed that nearly 30%, of Maryland homes and 22% (over 13,000) Carroll households fall within the ALICE guidelines.

The ALICE population consists of those who live above the poverty line and are working, many more than one job, but do not earn enough to afford basic necessities: childcare, food, transportation, and healthcare. ALICE families in Carroll

to afford basic necessities: childcare, food, transportation, and healthcare. ALICE families in Carroll are our agriculture, retail, and light manufacturing workforce, the backbone of our economy. They are working hard but struggling to survive.

#### CCYSB's ALICE clients...

When our county's ALICE residents seek mental health or substance use counseling, they are met with insurance plans with high-deductibles and co-pays and are likely unable to access the critical counseling services they need. These funds will help us alleviate the cost barrier for services and also give assistance in connecting these clients with available community resources to ease their burden of financial insecurity.

Sources: 2016 Point-in-Time Data: American Community Survey. ALICE Demographics: American Community



### CARROLL COUNTY YOUTH SERVICE BUREAU

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Your support will make our part of the world a better place.

# About CCYSB







We, Carroll County Youth Service Bureau, commit ourselves to provide a continuum of community-based mental health and substance use services for children, adults, and families in Carroll County. We use a multi-disciplinary approach to deliver prevention, intervention, and treatment services in the least restrictive and most cost-effective manner. In the true spirit of the helping profession, we are dedicated to excellence in service, innovation in programming, and responsiveness to our community.

# A few of our programs:

#### **Outpatient Mental Health Clinic**

Outpatient psychotherapy is provided by licensed therapists and Master's-level Interns. We provide services to children, adults and families.

#### **Substance Use Disorder Services**

CCYSB provides a full range of assessment and treatment services to meet the needs of individuals and families experiencing the negative impact of addiction. Our objective is to provide comprehensive services with the goal of intervention, education and treatment of substance abuse/dependence.

#### **Family Preservation Program**

This is a short term, home-based, program that provides family therapy designed to preserve and improve family relationships, and prevent out-of-home placement for a child in the family.

#### **Connecting Youth In Carroll County**

In our County, there are nearly 1,700 youth between the ages of 16 & 24 who are not in school, not employed, and who may be homeless. CCYSB, HSP and BERC partner to provide a coordinated countywide approach to re-engage Opportunity Youth and reduce youth homelessness. CCYSB will also deliver on-demand behavioral health services to youth when mental health, substance use, or psychiatric disorders are identified as a barrier to the re-engaging process.

#### **Assertive Community Treatment**

A client-centered, recovery-oriented mental health service model that has received substantial support for facilitating community living, psychosocial rehabilitation, and recovery for persons who have the most severe and persistent mental illnesses and have not benefitted from traditional outpatient programs.

## **Group Therapy Services** for Youth

Groups are offered to adolescents ages 14-18. Youth may be experiencing a variety of mental health difficulties, problems with anger or impulse control, family conflict or difficulties with peer relationships. Our groups take a strengths-based approach to problem solving, while incorporating exercises for peer discussion.

# Suicide & Self-Injury and Violence Intervention Programs

CCYSB provides an emergency assessment service for CCPS students who may be at risk for suicide or self-injury. We also provide a comprehensive assessments to CCPS students who have threatened or committed an act of violence or who display a pattern of aggressive behavior.

For more information about our non-profit agency, please visit our website:

ccysb.org