



## More Than Sad: Suicide Prevention for Parents

**Tuesday, October 1, 2019**

6-8pm at CCYSB

The *More Than Sad* family of programs has taught over a million students, parents and educators how to be smart about mental health.

Parents will learn how to recognize signs of depression and other mental health problems, initiate a conversation with their child, and get him or her help.

To RSVP, PLEASE CONTACT:

Rachel Greenberg, LCPC at  
443-244-8641 or

[rgreenberg@ccysb.org](mailto:rgreenberg@ccysb.org)

by Friday, September 27, 2019.

Carroll County Youth Service Bureau  
is located at 59 Kate Wagner Road  
Westminster, MD 21157

**Carroll County is committed to building a network of community support for youth and families to increase suicide awareness and the importance of feeling connected to others. This workshop is presented as a partnership between AFSP, CCYSB, and the Carroll County Local Management Board.**