



**CCYSB**  
*Carroll County Youth Service Bureau*

# In The Eye of the Storm: *A Class for Parents of Teens*

Presenters: Gary Honeman, LCSW-C and  
Mallory Sutphin, LCPC

Parenting teens can be a great joy as well as a challenge. This workshop is designed to help parents gain a new perspective and develop new skills in relating to adolescent behavior. Gaining control begins with parent choices... choices that allow parents to be a calming presence for themselves and their child in the midst of volatile feelings — much like being in the “eye of a storm!”



**When: Wednesday, October 23 2019  
6-8pm**

**Where: Carroll County  
Youth Service Bureau**

**Cost: \$20/individual, \$30/2 people  
(scholarships available)**

**CCYSB**  
59 Kate Wagner Road  
Westminster, MD 21157  
410-848-2500  
[www.ccysb.org](http://www.ccysb.org)

***To register, please call Susan White at  
443-244-8675 or email her at [spwhite@ccysb.org](mailto:spwhite@ccysb.org)***